## Notes for Lecture 6

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## 1 Some Properties of Projection

**Property 1.** Suppose  $f$  is a convex function and  $C$  is a closed convex set. Let

 $\hat{\mathbf{x}} = \arg \min$  $\operatorname*{arg\,min}_{\mathbf{x} \in \mathbb{R}^d} f(\mathbf{x}) \quad and \quad \mathbf{x}_* = \operatorname*{arg\,min}_{\mathbf{x} \in \mathcal{C}} f(\mathbf{x})$ 

It is possible that

$$
\mathbf{x}_{*} \neq \mathcal{P}_{\mathcal{C}}(\hat{\mathbf{x}}).
$$

Consider a counterpart example,  $\mathbf{x} \in \mathbb{R}^2$ ,  $f(\mathbf{x}) = x_1^2 + 5x_2^2$ ,  $C = {\mathbf{x}|x_1 + x_2 = 1}$ . The minimizer of f is  $\mathbf{x}_{*} = 0$ , and  $\mathcal{P}_{\mathcal{C}}(\mathbf{x}_{*}) = (\frac{1}{2}, \frac{1}{2})^{\top}$ , then we see

$$
f(\mathcal{P}_{\mathcal{C}}(\mathbf{x}_{*})) = \frac{3}{2} < f(1,0) = 1,
$$

which means  $\mathcal{P}_{\mathcal{C}}(\mathbf{x}_{*})$  is not minimizer in constrained set.

<span id="page-0-0"></span>**Property 2.** Let  $C \in \mathbb{R}^d$  be closed and convex,  $\mathbf{z} \in C$ ,  $\mathbf{x} \in \mathbb{R}^d$ . Then

$$
\langle \mathbf{x} - \mathcal{P}_{\mathcal{C}}(\mathbf{x}), \mathbf{z} - \mathcal{P}_{\mathcal{C}}(\mathbf{x}) \rangle \leq 0.
$$

*Proof.* Let  $\forall y \in C, g(y) = ||x - y||_2^2$ , then  $\mathcal{P}_C(x) = \min_y g(y)$ . Consider that  $\mathcal{P}_C(x)$  is the minimizer of g in C, with ∀**z**  $\in \mathcal{C}$ , we have

$$
\langle \nabla g(\mathcal{P}_\mathcal{C}(\mathbf{x})), \mathbf{z} - \mathcal{P}_\mathcal{C}(\mathbf{x}) \rangle \geq 0,
$$

which means

$$
\langle -2(\mathbf{x} - \mathcal{P}_\mathcal{C}(\mathbf{x})), \mathbf{z} - \mathcal{P}_\mathcal{C}(\mathbf{x}) \rangle \ge 0.
$$

Thus we finish the proof.

**Property 3.** Let  $C \in \mathbb{R}^d$  be closed and convex. For any  $\mathbf{x}, \mathbf{z} \in \mathbb{R}^d$ , we have

$$
\|\mathcal{P}_{\mathcal{C}}(\mathbf{x}) - \mathcal{P}_{\mathcal{C}}(\mathbf{z})\|_2 \leq \|\mathbf{x} - \mathbf{z}\|_2.
$$

Proof. With Property [2](#page-0-0) mentioned above, we first have

$$
\langle \mathbf{x} - \mathcal{P}_\mathcal{C}(\mathbf{x}), \mathcal{P}_\mathcal{C}(\mathbf{z}) - \mathcal{P}_\mathcal{C}(\mathbf{x}) \rangle \le 0
$$
 and  $\langle \mathbf{z} - \mathcal{P}_\mathcal{C}(\mathbf{z}), \mathcal{P}_\mathcal{C}(\mathbf{x}) - \mathcal{P}_\mathcal{C}(\mathbf{z}) \rangle \le 0$ .

Combining the two inequalities

$$
\langle \mathbf{x}-\mathcal{P}_\mathcal{C}(\mathbf{x}), \mathcal{P}_\mathcal{C}(\mathbf{z})-\mathcal{P}_\mathcal{C}(\mathbf{x})\rangle \leq \langle \mathcal{P}_\mathcal{C}(\mathbf{z})-\mathbf{z}, \mathcal{P}_\mathcal{C}(\mathbf{x})-\mathcal{P}_\mathcal{C}(\mathbf{z})\rangle,
$$

and rearranging the terms, we get

$$
\|\mathcal{P}_{\mathcal{C}}(\mathbf{x}) - \mathcal{P}_{\mathcal{C}}(\mathbf{z})\|_2^2 \le \langle \mathbf{x} - \mathbf{z}, \mathcal{P}_{\mathcal{C}}(\mathbf{x}) - \mathcal{P}_{\mathcal{C}}(\mathbf{z}) \rangle \le \|\mathbf{x} - \mathbf{z}\|_2 \|\mathcal{P}_{\mathcal{C}}(\mathbf{x}) - \mathcal{P}_{\mathcal{C}}(\mathbf{z})\|_2,
$$

thus we finish the proof.

 $\Box$ 

 $\Box$ 

## 2 Strongly Convex and Smooth Constrained Optimization

<span id="page-1-0"></span>**Lemma 1.** Suppose that  $f : \mathbb{R}^d \to \mathbb{R}$  is  $\mu$ -strongly convex and L-smooth. Thus

$$
\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \ge \frac{\mu L}{\mu + L} \|\mathbf{x} - \mathbf{y}\|_2^2 + \frac{1}{\mu + L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_2^2.
$$

**Theorem 1.** Let f be L-smooth and  $\mu$ -strongly convex. If  $\eta_t \equiv \eta = \frac{2}{\mu + L}$ , then PGD obeys

$$
\|\mathbf{x}_t - \mathbf{x}_*\|_2 \leq \left(\frac{\kappa-1}{\kappa+1}\right)^t \|\mathbf{x}_0 - \mathbf{x}_*\|_2.
$$

*Proof.* Let  $S(\mathbf{x}) = \mathbf{x} - \eta \nabla f(\mathbf{x})$ , we have

$$
||S(\mathbf{y}) - S(\mathbf{x})||_2^2 = ||\mathbf{y} - \mathbf{x} + \eta(\nabla f(\mathbf{x}) - \nabla f(\mathbf{y}))||_2^2,
$$

then expand the equation and substitute Lemma [1,](#page-1-0) we get

$$
||S(\mathbf{y}) - S(\mathbf{x})||_2^2 = ||\mathbf{y} - \mathbf{x}||_2^2 + \eta^2 ||\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})||_2^2 - 2\eta \langle \mathbf{x} - \mathbf{y}, \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}) \rangle
$$
  
\n
$$
\leq \left(\eta^2 - \frac{2\eta}{\mu + L}\right) ||\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})||_2^2 + \left(1 - \frac{2\eta\mu L}{\mu + L}\right) ||\mathbf{x} - \mathbf{y}||_2^2
$$
  
\n
$$
= \left(\frac{\mu - L}{\mu + L}\right)^2 ||\mathbf{x} - \mathbf{y}||_2^2,
$$

which means S is a contraction mapping. Then we let  $T(\mathbf{x}) = \mathcal{P}_{\mathcal{C}}(S(\mathbf{x}))$ , which immediately follows that

$$
||T(\mathbf{x}) - T(\mathbf{y})||_2 \le ||S(\mathbf{x}) - S(\mathbf{y})||_2 \le \left(\frac{\mu - L}{\mu + L}\right) ||\mathbf{x} - \mathbf{y}||_2
$$

Therefore, projected gradient descent algorithm maintains the same convergence rate for constrained problems as for unconstrained problems.  $\Box$ 

## 3 Convex and Smooth Constrained Optimization

<span id="page-1-1"></span>**Lemma 2.** Let  $C \in \mathbb{R}^d$  be closed and convex, for any  $\mathbf{x}, \mathbf{y} \in C$ ,  $\mathbf{x}^+ = \mathcal{P}_C(\mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x}))$  and  $g_C(\mathbf{x}) = L(\mathbf{x} - \mathbf{x}^+)$ . Then

$$
\nabla f(\mathbf{x})^{\top}(\mathbf{x}^+ - \mathbf{y}) \leq g_{\mathcal{C}}(\mathbf{x})^{\top}(\mathbf{x}^+ - \mathbf{y}).
$$

Proof. By applying Property [2,](#page-0-0) we immediately obtain

$$
\left\langle \mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x}) - \mathbf{x}^+, \mathbf{y} - \mathbf{x}^+ \right\rangle \le 0
$$
  

$$
\left\langle g_{\mathcal{C}}(\mathbf{x}) - \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x}^+ \right\rangle \le 0.
$$

Thus we finish the proof.

<span id="page-1-2"></span>**Lemma 3.** Suppose f is convex and L-smooth. For any  $\mathbf{x}, \mathbf{y} \in \mathcal{C}$ , let  $\mathbf{x}^+ = \mathcal{P}_{\mathcal{C}}(\mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x}))$  and  $g_{\mathcal{C}}(\mathbf{x}) =$  $L(\mathbf{x}-\mathbf{x}^+)$ . Then

$$
f(\mathbf{y}) \ge f(\mathbf{x}^+) + g_c(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{1}{2L} ||g_c(\mathbf{x})||_2^2.
$$

 $\Box$ 

Proof. It follows that

$$
f(\mathbf{y}) - f(\mathbf{x}^{+}) = f(\mathbf{y}) - f(\mathbf{x}) - (f(\mathbf{x}^{+}) - f(\mathbf{x}))
$$
  
\n
$$
\geq \nabla f(\mathbf{x})^{\top}(\mathbf{y} - \mathbf{x}) - \left(\nabla f(\mathbf{x})^{\top}(\mathbf{x}^{+} - \mathbf{x}) + \frac{L}{2} ||\mathbf{x}^{+} - \mathbf{x}||_{2}^{2}\right)
$$
  
\n
$$
= \nabla f(\mathbf{x})^{\top}(\mathbf{y} - \mathbf{x}^{+}) - \frac{L}{2} ||\mathbf{x}^{+} - \mathbf{x}||_{2}^{2}
$$
  
\n
$$
\geq g_{C}(\mathbf{x})^{\top}(\mathbf{y} - \mathbf{x}^{+}) - \frac{L}{2} ||\mathbf{x}^{+} - \mathbf{x}||_{2}^{2}
$$
  
\n
$$
= g_{C}(\mathbf{x})^{\top}(\mathbf{y} - \mathbf{x}) + g_{C}(\mathbf{x})^{\top}(\mathbf{x} - \mathbf{x}^{+}) - \frac{L}{2} ||\mathbf{x}^{+} - \mathbf{x}||_{2}^{2}
$$
  
\n
$$
= g_{C}(\mathbf{x})^{\top}(\mathbf{y} - \mathbf{x}) + \frac{1}{2L} ||g_{C}(\mathbf{x})||_{2}^{2},
$$

where the last inequality uses Lemma [2](#page-1-1) mentioned above, and we finish the proof.

**Theorem 2.** Let f be convex and L-smooth. If  $\eta_t \equiv \eta = \frac{1}{L}$ , then PGD obeys

$$
f(\mathbf{x}_t) - f(\mathbf{x}_*) \leq \frac{L \|\mathbf{x}_0 - \mathbf{x}_*\|_2^2}{2t}.
$$

*Proof.* For the constrained case, we aims to replace  $\nabla f(\mathbf{x})$  in the unconstrained case by

$$
g_{\mathcal{C}}(\mathbf{x}) = L(\mathbf{x} - \mathcal{P}_{\mathcal{C}}(\mathbf{x} - \nabla f(\mathbf{x}))),
$$

we have  $g_c(\mathbf{x}_t) = L(\mathbf{x}_t - \mathbf{x}_{t+1})$ . Then by applying Lemma [3](#page-1-2) and setting  $\mathbf{x} = \mathbf{y} = \mathbf{x}_t$ , we obtain

$$
f(\mathbf{x}_{t+1}) \le f(\mathbf{x}_t) - \frac{1}{2L} ||g_C(\mathbf{x}_t)||_2^2
$$

,

which means we have a guarantee of descent. Applying again and setting  $\mathbf{x} = \mathbf{x}_t, \mathbf{y} = \mathbf{x}_*$ , we obtain

$$
f(\mathbf{x}_{*}) \geq f(\mathbf{x}_{t+1}) + g_{\mathcal{C}}(\mathbf{x}_{t})^{\top}(\mathbf{x}_{*} - \mathbf{x}_{t}) + \frac{1}{2L} ||g_{\mathcal{C}}(\mathbf{x}_{t})||_{2}^{2},
$$

then rearrange these terms, we get

$$
f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_{*}) - g_{\mathcal{C}}(\mathbf{x}_{t})^{\top}(\mathbf{x}_{*} - \mathbf{x}_{t}) - \frac{1}{2L} \|g_{\mathcal{C}}(\mathbf{x}_{t})\|_{2}^{2}
$$
  
\n
$$
= f(\mathbf{x}_{*}) - \frac{1}{2L} \left[ 2Lg_{\mathcal{C}}(\mathbf{x}_{t})^{\top}(\mathbf{x}_{*} - \mathbf{x}_{t}) + g_{\mathcal{C}}(\mathbf{x}_{t})^{\top} g_{\mathcal{C}}(\mathbf{x}_{t}) \right]
$$
  
\n
$$
= f(\mathbf{x}_{*}) - \frac{1}{2L} \langle g_{\mathcal{C}}(\mathbf{x}_{t}), 2L(\mathbf{x}_{*} - \mathbf{x}_{t}) + g_{\mathcal{C}}(\mathbf{x}_{t}) \rangle
$$
  
\n
$$
= f(\mathbf{x}_{*}) - \frac{L}{2} \langle \mathbf{x}_{t} - \mathbf{x}_{t+1}, 2\mathbf{x}_{*} - \mathbf{x}_{t} - \mathbf{x}_{t+1} \rangle
$$
  
\n
$$
= f(\mathbf{x}_{*}) - \frac{L}{2} \left[ \|\mathbf{x}_{*} - \mathbf{x}_{t+1}\|_{2}^{2} - \|\mathbf{x}_{*} - \mathbf{x}_{t}\|_{2}^{2} \right].
$$

Then by telescoping the last inequality, we finally obtain

$$
f(\mathbf{x}_t) - f(\mathbf{x}_*) \le \frac{1}{t} \sum_{i=0}^{t-1} f(\mathbf{x}_{i+1}) - f(\mathbf{x}_*)
$$
  
\n
$$
\le \frac{L}{2t} \left[ \|\mathbf{x}_* - \mathbf{x}_0\|_2^2 - \|\mathbf{x}_* - \mathbf{x}_{t+1}\|_2^2 \right]
$$
  
\n
$$
\le \frac{L \|\mathbf{x}_* - \mathbf{x}_0\|_2^2}{2t}.
$$

Thus we finish the proof.

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